

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

Parkside Pre-School

6.4 Intimate Care

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide intimate care facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Nappies are changed in two key person groups, so the children become familiar with their back up key person, and so that two practitioners are present at all times for the protection of both the practitioner and the child, maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to keep the child's attention.
- Each child has their own bag available with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons, and masks and shields have been used since the height of the COVID-19 pandemic, before changing starts and the areas are prepared. The changing mat is cleaned between each child being changed. Potties are cleaned with anti-bacterial spray after each use.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet or potty; they may just want to sit on it and talk to a friend who is also using the toilet or potty.

- We encourage children to wash their hands, and have soap, warm water and paper towels to hand.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soiled nappies or pull ups are bagged and put in the designated nappy bin. Knickers, trainer pants and ordinary pants that have been soiled are emptied into the toilet and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and this may be a disciplinary matter.

This policy was adopted by	Parkside Pre-School	<i>(name of provider)</i>
On	February 2021	<i>(date)</i>
Date to be reviewed	February 2023	<i>(date)</i>
Signed on behalf of the provider	<hr/>	
Name of signatory	Amanda Hooker	
Role of signatory (e.g. chair, director or owner)	Chair Of Management Committee	